

2024 Skating Academy Competition Programme

Requirements - Category B

Venue: Paradise Botany Rink, 490 Ti Rakau Drive, Auckland.

Date: 20 July 2024, 9:15 am until 12:15pm.

This document is for those wishing to compete in Category B; “**Skating Academy Programmes**”, which is the mainstream part of the competition. Skaters will perform a list of familiar skills relevant to their current skill level.

We want to encourage as much creativity and originality as possible from the skaters. We welcome the skaters to add their own actions and facial expressions to the preset programme and make it unique to them. Actions such as arm variations and facial expressions performed with skills that effectively enhance the performance of the skating and relates to the preset music may receive a higher execution mark, which is then taken into the skaters final score.

All levels in this category will skate a preset programme with preset music for their level. See the content within the preset programs below. Level 1-4 will skate on 1/3 of the ice, while level 5 will skate on 1/2 of the ice. This is open to all skaters who are current students in the Skating Academy, but can only enter in the level aligning to their current KiwiSkate level assessment on iClassPro at the close of entries. The example videos and music files will be made available online at a later date.

The Division B competition grades are as follows:

B1. Level 1: open to Tiny Tots (under 6 years old and not passed Beginner), and pre-beginner (over 6 years but attending Tiny Tots or equivalent level) KiwiSkate skaters.

B2. Level 2: open to Beginner and Elementary KiwiSkate level skaters of all ages.

B3. Level 3: open to Basic and Novice 1 KiwiSkate level skaters of all ages.

B4. Level 4: open to Novice 2 and Advanced KiwiSkate level skaters of all ages.

B5. Level 5: open to Free Skate 1-3 KiwiSkate level skaters of all ages.

Level 1

open to Tiny Tots (under 6 years old and not passed Beginner), and pre-beginner (over 6 years but attending Tiny Tots or equivalent level) KiwiSkate skaters.

Music: You're Never Fully Dressed Without a Smile (from Annie 2014)

1. Marching in a circle (both directions) with hands on hips
2. Jump up on spot (widen stance & arms straight up above head) "smile"
3. Scooter push - right foot (x5)
4. Pee-Wee glide (dip whilst moving) *3 second hold*
5. Snowplough (Make snow) - skater's choice of foot
6. Step & clap 1x each side
7. Backward marching (minimum of 1/3rd width of rink)
8. Forward Fishies (x5)
9. Scooter push - left foot (x5)
10. Hands under face - look at audience
11. Bumslide and wave to audience to finish

Level 2

open to Beginner and Elementary KiwiSkate level skaters.

Music: Wake Me Up - Avicii

1. ¼ bend & turn on the spot (x1 both ways)
2. Chasse step
3. Forwards skating (minimum ½ width of rink) 1 foot glide on left foot - *3 second hold*
4. Pee-Wee glide (dip whilst moving) *3 second hold*
5. Snowplough (Make snow) - skater's choice of foot
6. Hand over hand "journey"
7. Forward fishies (x3)
8. Two foot turn to backwards
9. Backward fishies (x3)
10. Jump up & down whilst gliding backwards - arms around
11. Two foot turn to forwards
12. Forwards skating (minimum ½ width of rink) 1 foot glide on right foot - *3 second hold*
13. Snowplough (Make snow) - skater's choice of foot

14. Two foot spin from marching (both directions)
15. Skaters choice of ending position

Level 3

open to Basic and Novice 1 KiwiSkate level skaters.

Music: Wake Me Up - Avicii

1. 2x T pushes, forward crossovers x3 clockwise on the circle
2. Two foot turn on a curve
3. Backward pumping x3
4. Backwards outside mohawk
5. Forwards crossover x1 & two foot half jump to backwards
6. Forwards crossovers x3 other direction on the circle
7. Drag (optional foot) in a straight line "dream" , hands up
8. 2 foot turn
9. Backwards C push (lift foot) x4
10. Backward pumping x3
11. Backwards inside mohawk
12. Snowplough (Make snow) - must be different foot to #8
13. 2 foot side hop each way (demo video has unintentionally omitted)
14. Two foot spin from pivot

Level 4

open to Novice 2 and Advanced KiwiSkate level skaters.

Music: A Sky Full Of Stars - Coldplay

1. 2x T push, Forward bunny hop (skater's choice of leg) arms as demonstrated
2. RFO 3 turn, LFO 3 turn
3. 1x backwards pump, backwards crossover 3x - anti clockwise direction
4. Snowplough (Make snow) - left foot
5. Forward T push L & R each
6. Forward spiral in a straight line (skater's choice of leg) *3 second hold*
7. Forwards crossover 3x
8. Knee slide (skater's choice of leg) *3 second hold*
9. FI mohawk
10. Toe step
11. Repeat 9 & 10 on other side
12. Two foot spin from spiralling edge

Level 5

open to Free Skate 1-3 KiwiSkate level skaters.

Music: A Sky Full Of Stars - Coldplay

1. Forwards pivot
2. Forward T push L & R each, arms as demonstrated
3. Forwards crossover 2x - anti clockwise direction
4. LFO spiral on a curve *3 second hold*
5. RFI 3 turn

6. Backwards crossover 2x - anti clockwise direction
7. Salchow jump (skater's choice of leg)
8. LFO 3 turn into sideways lunge
9. Backwards crossover 2x - clockwise direction
10. RBI spiral on a curve 3 *second hold*
11. LBO 3 turn
12. RFI double 3 turn into sideways lunge - arms as demonstrated
13. LFI mohawk
14. Toe step
15. RFI 3 turn, 2 foot sideways hop with arms (skater's choice of leg)
16. Forwards drag with arms above head, leaning back
17. Upright spin from spiralling edge (skater's choice of leg)