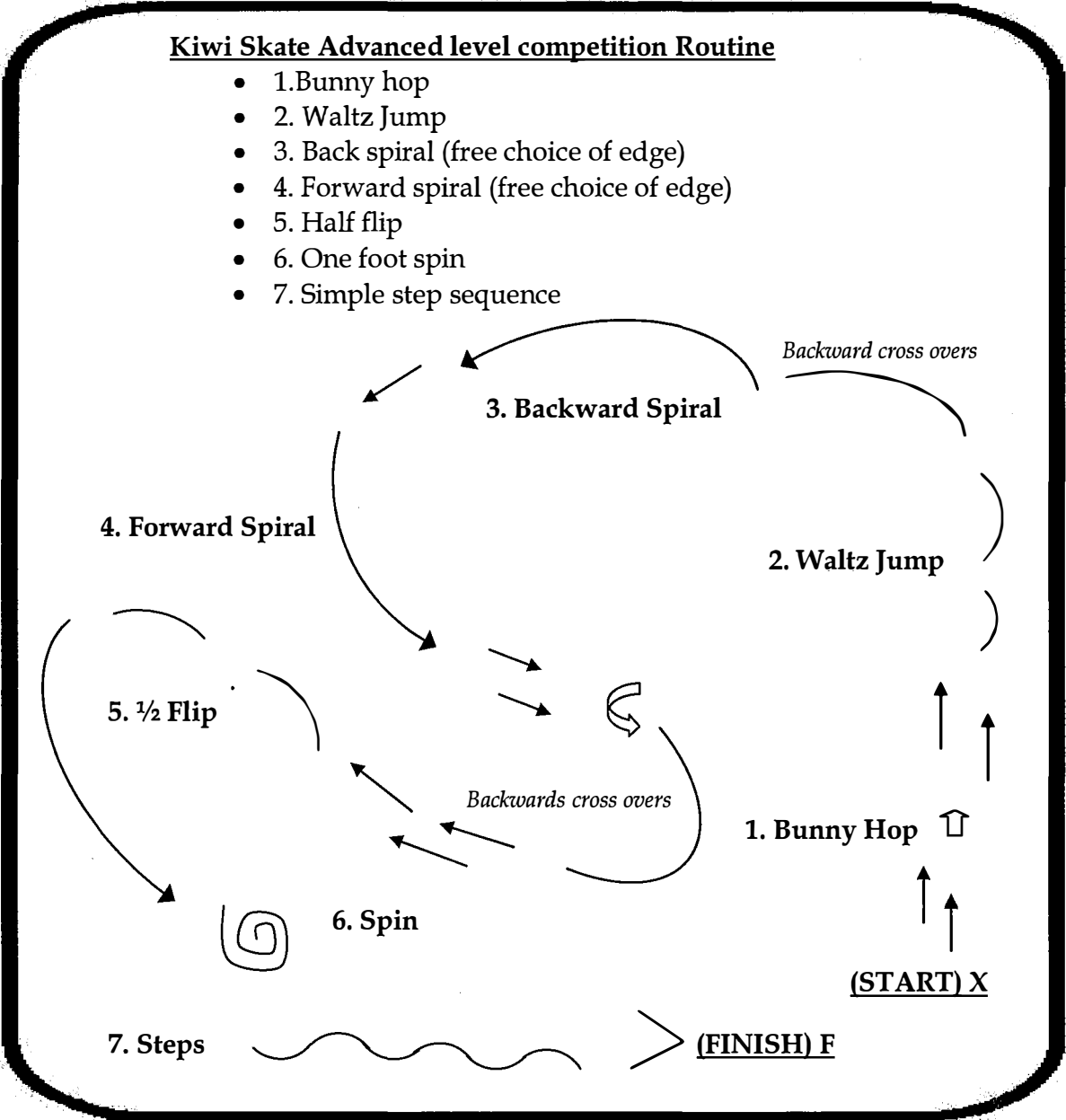




Grandstand

Kiwi Skate Advanced level competition Routine

- 1. Bunny hop
- 2. Waltz Jump
- 3. Back spiral (free choice of edge)
- 4. Forward spiral (free choice of edge)
- 5. Half flip
- 6. One foot spin
- 7. Simple step sequence



Legend

Forward	→	Turn	↻	Steps	~~~~~	Spin	⊙	Backards	→
Start	<u>X</u>	Finish	<u>F</u>						

**Although steps and skills are exact the diagram is an illustration only and not a set pattern*

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